

## Substance Use in Missouri by Age Group

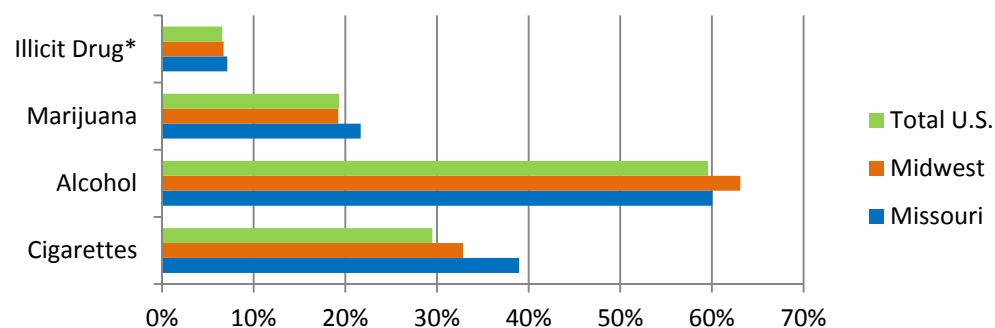


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Recently released two year estimates from the National Survey on Drug Use and Health<sup>1</sup> (NSDUH) shows that those in the 18-25 year old (young adults) category continue the historic trend of using substances at a higher rate than those 26+. Alcohol and Cigarettes remain the most commonly used asked about substance, although those in the young adult category are reporting Marijuana use at rates that are closing the gap.

NSDUH data suggest that higher percentages of Missouri young adults report cigarette and marijuana use when compared to the national estimate.

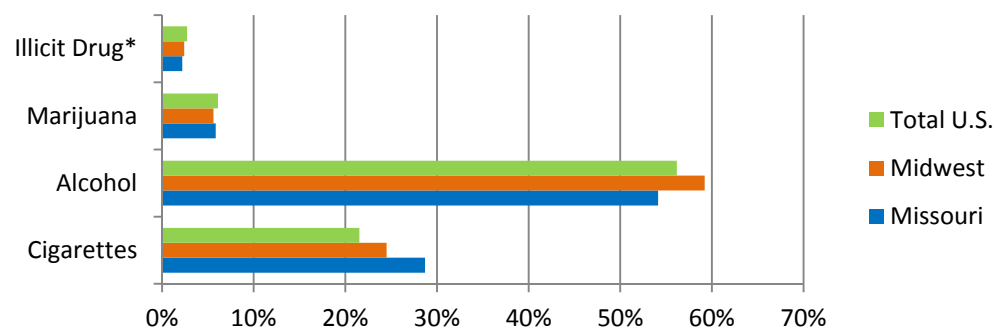
### Estimated Past Month Substance Use in Adults Ages 18-25, 2013-2014<sup>2</sup>



\*Illicit Drug Use OTHER than Marijuana

For those adults 26+, rates for Missouri substance use tend to be slightly below U.S. average. However, they do report greater cigarette use.

### Estimated Past Month Substance Use in Adults Ages 26+, 2013-2014<sup>2</sup>



\*Illicit Drug Use OTHER than Marijuana

The reported rates for binge alcohol use are also higher for both young adults (41.3% in Missouri vs. 37.8% U.S.) and those 26+ (24.6% in Missouri vs. 22.4% U.S.).

Behavioral Health



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<sup>1</sup> <http://www.samhsa.gov/data/sites/default/files/NSDUHsaeShortTermCHG2014/NSDUHsaeShortTermCHG2014.pdf>

<sup>2</sup> Illinois, Indiana, Michigan, Ohio, Wisconsin, Iowa, Kansas, Minnesota, Missouri, Nebraska, North Dakota, & South Dakota